

## Denture care instructions

Dentures need to be cleaned every morning and every evening. It is best to clean them over a sink full of water or a towel as this can prevent the denture from breaking if it slips out of your hands. Remove debris by brushing with a denture brush. **Do not** use toothpaste as this is abrasive and can scratch the surface of the denture. Instead use a non-abrasive denture paste, such as **NitrAdine Shine**, this actively **disinfects and cleans**.

Dentures also need to be rinsed after each meal. No matter how well a denture may fit, some food will get underneath the denture as you eat. If it is left there, it can irritate the tissue. Therefore after each meal, remove the denture, rinse out your mouth, and then rinse the denture under running water. **Do not** rinse the denture in very hot or boiling water as this may cause distortion of the denture, instead use warm to cool water.



Dentures should always be in one of two places: your mouth or a denture bath/spa. The denture bath need only be filled with water, however, we strongly recommend the use of **NitrAdine tablets** be used on your denture at least twice a week.

In addition to cleaning your denture, it is important to continue to care for your gums and tongue. It is not necessary to use toothpaste, but simply brush the gums and tongue with a soft toothbrush each night. Every day it is important to remove the dentures in order to allow the gum tissues time to rest. This can be done overnight or for a 3-4 hour period during the day. It is essential to properly care for your removable appliance. Using NitrAdine will help to keep your appliance free from potentially harmful micro-organisms.

## Try NitrAdine® today using this free sample tablet

Sample tablet



Place in 150ml of luke-warm water and leave for 15 minutes.

## Cleaning products



NitrAdine Tablets  
Sold in pack of 20 tablets



NitrAdine Shine  
Sold in 45g tube



Dent-Spa Case



Denture Storage Box

## Why disinfect in the first place ?

When wearing a removable dental appliance everyday, food, saliva and germs in the mouth build up on and in the micro-porosities of the appliance. Gradually, this build up of micro-organisms increases. Eventually a structure called a 'biofilm' forms on the appliance. The mouth is the doorway to the organs and an infected appliance will eventually lead to undesirable symptoms.

## What is biofilm ?

Biofilms can be defined as communities of micro-organisms and bacteria attached to a surface.

Due to their porous nature and to the ideal conditions provided by the oral cavity, removable dental appliances are especially susceptible to being contaminated by a biofilm.

## What are the causes of biofilm formation on removable dental appliances ?



- Poor dental hygiene
- Failure to regularly clean and disinfect the dental appliance
- Lack of awareness with regard to the importance of disinfecting and cleaning a dental appliance
- Immune deficiency (such as diabetes)

## Undesirable symptoms induced by an infected denture

- Denture stomatitis: an inflammation of the mucous lining of any of the structures in the mouth
- Bad breath
- Angular cheilitis
- Burning sensations
- Potentially more serious complications for people with conditions likely to be aggravated by the biofilm (such as cardiovascular diseases, Diabetes, etc.)
- Dental Caries
- Periodontal Disease

## Proven efficacy of the NitrAdine® tablet

The effervescent disinfecting tablet based on the NitrAdine® formula has demonstrated high in-vitro & in-vivo biofilm removal activity against a variety of micro-organisms, namely *Candida albicans*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, including the MRSA type, and viruses.

**NitrAdine® works deep into the pores of the device without discolouring and without damaging its metallic parts.**

**Within only 15 minutes of treatment** you can ensure that the appliance will be free of *Candida albicans* and other potentially harmful micro-organisms.

## Why use NitrAdine® ?

The product is very different from other tablets on the worldwide market. Why? Other dental tablets are only cleaning the surface of an appliance. NitrAdine® acts in three phases:

1. The NitrAdine® solution penetrates deep into the micro-porosities of the appliance.
2. The NitrAdine® solution eliminates the biofilm build-up in the micro-porosities.
3. The NitrAdine® solution washes away the micro-organisms, resulting in a clean and disinfected removable dental appliance.

In a recent consumer study with regular tablet users, 85% of the patients using the NitrAdine® tablet stated that after only two uses, they experienced a sensation of 'freshness', by which they felt no more burning sensations.

## Order your cleaning products

To obtain supplies of 'NitrAdine' complete the order form below and return along with your cheque to the following address:

### Dental Appliance Manufacturer

Your lab details here

Pk of 20 tablets (10 wks supply)	£10.00	£ .
Pk of 60 tablets (30 wks supply)	£28.50	£ .
Pk of 100 tablets (50 wks supply)	£46.25	£ .
1x 45g NitrAdine Shine Paste	£5.90	£ .
Dent-Spa Case	£15.00	£ .
Denture Storage Box	£10.00	£ .
Post & Packing	£2.50	£ 2.50
Enclose cheque payable to your lab/practice here Goods should arrive within 14 days	£ .	

Name.....

Address.....

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Post Code..... Tel No.....

## Care instructions for your new appliance



**Worldwide unique disinfecting formula for removable dental appliances**